February 2021 First Congregational Church of San Rafael

The TIE

PASTORAL REFLECTIONS REV. JEFFREY COCHRAN-CARNEY



Lent and the Length of Time

Lent officially begins on February 17 with Ash Wednesday. It lasts for forty days not counting Sundays, and culminates in Easter. The word Lent comes from the Old English word Lenten, from which we get our word lengthen.

The observance of Lent dates back to the early Christian Church in the 2nd century A.D. It was marked by a period of fasting, prayer and penitence. The custom was exemplified by the example of Jesus retreating into the wilderness where he fasted and prayed for forty days. Today we use the season to prepare ourselves for Easter.

Lent seems harder this year. I have been thinking lately about the translation of Lent as "length," as in long, and it brought an unusual association I wasn't expecting. I thought about the "length" of time we have had to endure the covid virus, now nearly a year. I hear people

talk about the length of time since they have been with those they love. They talk about the length of time it has been since they were able to get out and do the things they enjoy – simple pleasures like eating at a restaurant or attending a play, or the length of time since they were able to go to church. People also wonder about the length of time it will be until they can get a vaccine, and the length of the lines when they get there.

Thinking about Lent in these terms is not very pleasant, but the long season of the pandemic is real. Add to that the notion that Lent has traditionally been associated with poverty of spirit and giving up something, and it feels like we have been living Lent for almost a year now. The lengthening shadow of Lent has gone on for too long. "How long, Lord?" the Psalmist begs of God. How long must we endure? (Psalm 13). That is our question too.

However, Lent can also be translated as "the lengthening of days," and conjures up the coming of spring, bringing light, warmth, and hope. At the end of the forty

days, we celebrate Easter. If I look forward instead of backward at the length and breadth of time, the true meaning of Lent begins to settle in. Christians are hopeful by nature, a virtue that is often extolled by the Apostle Paul, among others.



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Perhaps it is possible to pivot from the length of time we have endured this pandemic, and look instead to a shorter length of time from now when more people will receive the vaccine. There is hope for reemerging soon in daily life, hope for returning to church, and hope that the pandemic will finally be behind us. Perhaps that will be my Lenten practice this year -- to hope and pray that it will only be a short length of time until we can be together again. The promise of Easter is stronger than the darkness we have endured. We can't wait.

I would like to let you know about a Lenten series that I will be facilitating later this month. Starting on Wednesday, February 17, I would like to invite you to join us on Zoom for seven weeks on Wednesdays from 7:00-8:00 PM for a Lenten reflection series. We will be exploring Lent through scripture and the poetry of Mary Oliver. Her rich, inviting images provide a perfect companion alongside Lenten themes from the Bible. At the end of seven weeks, it is my fervent hope that we will be able to gather outside for Easter worship.

May Lent be a time of hope for you, and a short season until we embrace the promise of Easter.

Lenten Blessings, Pastor Jeffrey

FEBRUARY AGAPE TEAM

Agape - Providing compassionate connection to our church community through words of encouragement, cards, calls, and visits. Our Agape leader for February is Cathi Fuller (415-246-6571) with Annie Song-Hill.



PRAYER PARTNERS

Please remember the following members of our church family in prayer. Pray for their welfare and growth in faith and discipleship.



January 31 - February 6Milagro Ramirez

February 7 - 13Lucinda Ray and Charles
Little

February 14 - 20Greg and Sher Ripley, and Blair

February 21 - 27Val and Ralph Sherer

February 28 - March 6 Cyndi Siroky and Chris Siroky



Pastor Jeffrey is providing a complete worship service via email every Sunday. It's a video including music, prayers, scripture and sermon. Check your email on Sunday morning.

February 7 5th Sunday after Epiphany Making Time to Pray

Mark 1:29-39

In today's lectionary passage, we find Jesus busy healing the sick. Many people came to him as his reputation as a healer was becoming widespread throughout Galilee. However, before starting the day, Jesus got up and went out went out to a deserted place, and there he prayed (1:35). His healing power and resources for the day depended on this time alone in prayer. What does a regular time for prayer mean in your life? How do you spend time alone?

February 14 The Transfiguration Bound for Glory

Mark 9:2-9

Transfiguration Sunday is a transition Sunday. It is a bridge over which we walk to get to the season of Lent. We're not always sure we want to cross it.

After the transfiguration comes Lent, and talk about discipline, prayer, fasting and repentance. Jesus knew the journey to Jerusalem lay ahead. Before setting out, Jesus took Peter, James, and John, and retreated to a mountaintop where they experienced a theophany – a spectacular display of God's power and glory. Have you had a mountaintop experience? Have you been to a "thin place" that was holy and inspiring to you? We will consider what the transfiguration was at the time of Jesus, and what it could mean for us today.

February 21 1st Sunday in Lent Preparing for the Test

Mark 1:9-15

On this first Sunday in Lent, we find Jesus taking the first steps that will take him to Jerusalem. We also begin our Lenten journey, which is traditionally seen as a time for more reflection, prayer, and the reading of scripture of devotions. Jesus intentionally went into the wilderness for forty days of prayer and preparation. He was tempted by the evil one, but relied on God for strength and courage.

(continued from page 3)



February 28 2nd Sunday in Lent What Do You Have to Lose? Mark 8:31-38

Our text today marks the half-way point in Mark's gospel – both literally and spiritually, separating the teaching ministry in Galilee from Jesus' journey to Jerusalem. We hear in Mark the first of what some biblical scholars have called "the messianic secret." Jesus asks the disciples, "Who do people say that I am?" After Peter had told Jesus that he was the messiah, Jesus sternly told the disciples not to tell anyone. How would you answer the question? Who is Jesus for you today? It is a question we answer and live out each day.

ZOOM MEETINGS LET US GATHER TOGETHER SAFELY on Sundays at 11 AM

We are holding weekly Zoom meetings on Sunday mornings, so members of the congregation can gather together for "Coffee Hour" via a video meeting tool called Zoom. We can see one another, talk to each other, and share our experiences of the past several weeks. It is like being in a room together, but safely. Most people find it easy to do. Give it a try! You can use either your computer, your cell phone, your tablet, or even just call in from your land line.

Link to join all church Zoom meetings:

https://us04web.zoom.us/j/813993981

Meeting ID: 813 993 981 Password: 594741

Call in number 1-669-900-6833

MEETINGS, MEETINGS -- VIA ZOOM

FEBRUARY 9: The Board of Ministry meeting will be on Tuesday, February 12, at 12:00 noon.

FEBRUARY 16: The Board of Trustees meeting will be on Tuesday, February 12, at 7 PM.

FEBRUARY 17 and 24: The Lenten Reflection Series will meet on Wednesdays from 7 - 8 PM, starting on Feb. 17 and continuing until Easter.



NEWS FROM ANNUAL MEETING



The annual meeting of the First Congregational Church of San Rafael was held on Sunday, January

31, 2021, at 11 AM on Zoom. There were brief reports from the various Boards and Committees. The treasurer, Caryl Hodges, presented the church budget, which was discussed and approved. A full slate of officers and members of boards and committees was presented and elected.

Moderator Lynn Grant, along with many others who attended, expressed appreciation for the work of the many members of our congregation who have been continuing the work of our church and keeping our community ties strong during the pandemic.

OFFICERS

Moderator: Lynn Grant

Vice Moderator: Michael Meehan

Treasurer: Caryl Hodges

Financial/Pledge Secretary: Val Sherer Clerk/Recorder: Annie Song-Hill Council-at-Large: Lucinda Ray

BOARDS

Board of Ministry: Chair: Cathi Fuller, Charles Little, Jeff Paul, Tessa Templeman, Louis

Frost

Board of Mission: Chair: Caran Cuneo, Lucinda Ray, Cathi Fuller, Megan Fuller, Judy

Girard, Lynn Grant, Sue Spofford, Annie Song-Hill

Board of Trustees: Chair David Knopf, Caryl Hodges, Michael Meehan, Bob Spofford, Val

Sherer

COMMITTEES

Golden Gate Representative: Louis Frost

Christian Education Committee: Chair: David Knopf, Cathi Fuller, Caryl Hodges

Facilities and Maintenance Committee: Louis Frost, David Knopf

Hospitality Committee: Jackie Dema, Mary Dowling, Louis Frost, Cathi Fuller, Megan

Fuller, Sue Spofford

Landscape Committee: Convener: Cline Meehan Family, David Knopf, Greg Ripley, Sue

Spofford

Nominating Committee: Lynn Grant, Annie Song-Hill

Pastor Relations Committee: David Knopf, Caran Cuneo, Megan Fuller

Get the Word Out Committee: Bob Spofford, Oak Dowling, Michael Meehan, Val Sherer,

Lucinda Ray, Jackie Dema

Special Events: Val Sherer, Cathi Fuller, Lucinda Ray, Megan Fuller, Jackie Dema

Immigrant Support Committee: Annie Song-Hill, Cathy Fuller, Louis Frost, Megan Fuller

<u>Prayer Chain Committee</u>: Coordinator: Julie Dowling <u>TIE</u>: Editor: Lucinda Ray, Jackie Dema, Judy Girard

Golden Girls: Jean Nadel and others

BLACK HISTORY MONTH AND FCC SAN RAFAEL by Michael Meehan



February was designated Black History Month by President Gerald Ford in 1976 to "seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history." The challenge with Black History Month is that it causes us to reflect on the dark history of the United States that was founded on the principal that "All men are created equal..." which was written at a time

when many of the signers of the Declaration of Independence owned slaves. Hardly a reflection of equality.

As Maya Angelou pointed out, "Won't it be wonderful when Black history and Native American history and Jewish history and all of U.S. History is taught from one book. Just U.S. History."

The struggle for equality in the world has been a struggle championed by our church and the churches that preceded the First Congregational Church. Congregationalists were among the first Americans to take a stand against slavery. In 1700, Rev. Samuel Sewall wrote the first anti-slavery pamphlet in American, "The Selling of Joseph." This laid the foundation for the abolitionist movement a century later.

In 1785, Lemuel Haynes was the first Black American ordained by a Protestant denomination, New England Congregationalists. For decades, he served mostly white congregations while writing in favor of freedom for all and for an integrated United States.

In 1839, when a group of enslaved Africans broke free while being taken around Cuba aboard the Amistad, they tried to sail back to Africa, but were captured by a US Navy ship. They were charged with mutiny and threatened with a return to slavery. Connecticut Congregationalists formed the Amistad Committee, which funded their legal defense and eventual return to Africa.

Following the creation of the UCC in 1957, many of its clergy and laity marched, organized, preached, and worked in hundreds of ways to support the Civil Rights Movement. For example, in 1959, at the request of Dr. Martin Luther King, Jr., Everett Parker of the UCC Office of Communications organized churches in preventing television news blackouts about the Civil Rights Movement in the South. Parker organized UCC churches and brought lawsuits against the stations.



This resulted in a federal court decision that broadcast airwaves are public, not private property, which led to more inclusive reporting. The Civil Rights Movement was most effective in changing public opinion when the world could see how the non-violent protesters were being treated by the police and other government officials.

The focus of the UCC on Heaven on Earth is different than the churches that focus on the eternal afterlife. As The Rev. Martin

Luther King, Jr., stated in his last sermon, "It's all right to talk about 'streets flowing with milk and honey,' but God has commanded us to be concerned about the slums down here, and his children who can't eat three square meals at day. It is all right to talk about the new Jerusalem, but one day, God's preachers must talk about New York, the new Atlanta, ... This is what we have to do."

That struggle for equality and inclusiveness continues today. The Black Lives Matter movement is a clear indication that we are not all treated equally, and the struggle for the world envisioned

by Dr. Martin Luther King, Jr., has not been realized. He said, "Let us stand with a greater determination. And let us move on in these powerful days, these days of challenge to make America what it out to be. We have an opportunity to make America a better

nation." Barack Obama asked, "do we care to match the reality of America to its ideals?"



If we want to change the world, "Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek." Barack Obama.

Senator John Lewis said, "I believe race is too heavy a burden to carry into the 21st century. It's time to lay it down. We all came here in different ships, but now we're all in the same boat." He also directed us to "Get in good trouble, necessary trouble, and help redeem the soul of America"



As a church, we are taught that everyone is made in the image of God, and everyone is perfect. God does not see color, race, ethnicity, sex, sexual orientation, national origin, or disability. It is not enough to not be racist; we must be anti-racist, and seek justice in the world for all. We must remember during Black History month that the struggles that our brothers and sisters are still facing over a hundred years since the end of slavery and the civil rights amendment being passed. "To be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others." Nelson Mandela.



The Country Song by Mickey Guyton, up for the 2021 Grammy Award for Country Song of the year states:

"It's a hard life on easy street
Just white painted picket fences far as you can see
If you think we live in the land of the free
You should try to be, oh, black like me"

Let us work for a more just society and create heaven on earth reflective of the teachings of Jesus. The tradition of our church is to take bold steps to create the change that is necessary to create the better world. Let us remember this during this month and this entire year.

Sources that inspired Michael's writing of this article:

"Justice for Black Lives," 6/3/2020 by Jessica Quinn, UCC website

"Black History Month" updated 1/14/21 original: 1/14/2010 by History.com/Editors; History.com

"Black History Month 2021 Theme" UCC.org

"I've been to the Mountaintop" by Martin Luther King, final sermon before his death *His Truth is Marching On* by John Meacham (about the life of John Lewis)



BOARD OF MISSION MISSION MATTERS



MISSION BOARD DONATES TO ORON SCHOOL IN WEST POKOT, KENYA

Members of our church family have been living in Kenya for nearly four months. A few months ago they reached out with an important appeal.

Last year Kenya was hit by severe flooding caused by a late rainy season that was unrelenting. West Pokot was hit the hardest, causing many deaths and hardship. People living in Tamkal (in the mountains above Marich Pass) were left devastated by the heavy rainfall. The floods swept away their family members, homes, livestock, farming land, schools and more. Our friends who have been living there personally come to know many of these families and their stories.

This article will give you an idea of what happened:

BBC News | Kenya flash floods: 'What I saw after landslides in West Pokot' - https://www.bbc.com/news/av/world-africa-50606415/kenya-flash-floods-what-i-saw-after-landslides-in-west-pokot?ocid=wsnews.chat-apps.in-app-msg.whatsapp.trial.link1_.auin

A year later and many families still have not recovered ... now they are dealing with the Covid 19 pandemic. It will take a long time before life has any sense of normality in these communities.

As many in our church family may know, a school was built for the local children there in Kenya.. They have made space available for as many children as possible (about 55 in total). With the help of some friends and family, the local community was able to meet the costs for all the children last year. Right now are trying to find more sponsors to help share the costs for 3 meals a day, school uniforms, building maintenance, and school staff. It costs roughly \$400 a child per year; the families of most of the pupils cannot be expected to contribute anything towards the school due to this hardship: 90% of Kenyans make less than \$5 a day.

Apart from the need for scholarships in the future, there are plans to install solar panels for the classrooms, build a dining room, and finish a dormitory block. They know how to work on a tight budget and are using a lot of supplies they already had. Below you can see a picture of the class of fourth grade boys.



The children at the school are a great and resilient group of children. Some lost parents and others lost siblings, not to mention friends and neighbors. According to the 4th grade teacher, who has worked in different parts of the country, most of the children are behind academically and far below their grade level. She believes that it is due to the quality of education that they may have received in the past and the trauma that they have experienced (and still dealing with). Thankfully, the teachers realize that the most important thing is for the children to feel safe and happy first.

A couple of weeks ago, the children were going through school supplies, and they were keen to help separate the pencils from markers according to color. They refused to throw away the dried markers because they knew they might find a use for them—they were not sure what yet though. They were sorting the first aid box getting rid of a bandage that was losing elasticity; they asked to keep it and used it for Chinese jump rope. Nothing goes to waste and everything is appreciated.

The children devour picture books and new games, even though everything they have is well used. They decided to try to start a new library with lots of books, board games and puzzles, as that will be a real treat for the children.

Here are pictures of the library space, **before** on the left and **after** on the right!





Some years ago an exclusive private school from Nairobi that used to take school trips to Marich, Pass Field Studies Centre, donated used books, book shelves and a play structure. They have been polishing up what they have and adding to it too. Brand new books in Nairobi cost about \$2 apiece and games cost between \$5 to \$10.

Your Mission Board considered a heartfelt request to support the school. As a result, the Board of Mission, using the funds it designates annually from the FCCSR budget, made a donation. Once again, FCC San Rafael contributes to programs that build a more equitable world. We know individual church members also gave generously. Below is a thank you from the school!

Thank you for your most generous donation towards the school in Kenya. Some of your support has helped set up a small library at the school. The students were thrilled to arrive after the holidays to find a room with books and games.

Many of the children suffered tragic losses during natural disasters that occurred in their villages last year. Knowing that people out there wish them well helps to elevate them.

Thank you again on behalf of the whole community!

PILGRIM PARK NEWS

New Property Manager for Pilgrim Park

Pilgrim Park Apartments is excited to welcome Leslie Santos as the new Property Manager. Leslie, who also goes by Les, comes to us with over 13 years of property management experience. He and his wife Erilou will be joining the community from Vallejo. Together they share a beautiful Shiba-Inu dog name Quill. Les enjoys traveling, reading, and a good bowl of Japanese Ramen.

Thank you, Les Santos, Property Manager



Pilgrim Park Apartments 33 Merrydale Road San Rafael, CA 94903 415-499-3350 415-499-0328 pilgrim@jsco.net



TRUSTEE'S REPORT

Safe Church Policy and Procedures Established

In December the Church Council approved upon recommendation of the Trustees a "Safe Church Policy Concerning Abuse Prevention" to prevent abuse, harassment and exploitation in the church. Based on a template from the United Church of Christ, these policies and procedures have been required by our insurers and reaffirm the church's long history of opposition to such misuse of power.



Anyone with concerns about sexual harassment of or by staff, volunteers, or members should contact the pastor or any member of the Trustees or Church Council. A Response Team will then be convened by the pastor or moderator to evaluate these concerns, recommend amelioration, and notify the person raising the concern. These recommendations may be reviewed by the Church Council.

Also, part of the procedures is the stipulation that the pastor and anyone working with children be aware of their child abuse reporting responsibilities and receive regular continuing education regarding these. All volunteers working with children will have background checks and continuing education regarding child abuse. Those with professional licenses requiring background checks and continuing education will need to document their licenses.

Although this may seem like excessive bureaucratization, it is important to find ways to reduce the chances of such damaging behaviors. The Boy Scouts and the Catholic Church have shown that the damaging behavior of a very few can wreck the good work of many.

The documents describing these policies in detail are in the office or by contacting David Knopf or any Trustee.

BOARD OF MINISTRY REPORT



Worship

Moving forward into the New Year, the Board of Ministry will be building on the triumphs of the Christmas season and our increasing education in various technical solutions to our meetings at-a-distance. At the same time we are planning and looking forward to the time when we can worship and otherwise meet together.

Recorded services and Zoom Coffee Hours will be continued while we anticipate meetings in person. Also, possibilities for live services are currently hampered by slow wi-fi in the Sanctuary, and we may use Pilgrim Park.

Music

Many members were enthusiastic about the variety of voices and types of music offered at the Christmas eve service. We intend to continue in this direction. Music Director Jeffrey Paul, with the help of Bob Spofford, is looking at methods for syncing and mixing voices.

Planning for coming months

We are considering timing for an outdoor service, looking toward Easter or late April when the weather is more predictable and more have been vaccinated.

Lenten Study

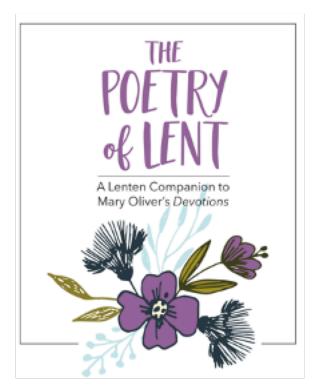
Pastor Jeffrey has identified material from SALT to use for a Lenten Study. Perhaps at an evening time to make it easier for working members to attend. The Lenten Study group will be held on Wednesday evenings at 7 pm during Lent: Feb 17 through Easter, April 4. See page 12 for details.

Community

Agape Teams are continuing to rotate, offering phone calls and/ or notes to isolated members plus those with health or other needs. Charles' and Hilary's Teams have lost members and are seeking replacements.

Education

Cathi Fuller will reach out to families of youth to see if they would like to try a fun Zoom gathering to connect (maybe February break). Perhaps an Easter egg scavenger hunt again.



LENTEN REFLECTION SERIES FEATURING THE POETRY OF MARY OLIVER

Starting on Wednesday, February 17, you are invited to join us on Zoom for seven weeks on Wednesdays from 7:00 – 8:00 PM for a Lenten reflection series.

We will be exploring Lent through scripture and the poetry of Mary Oliver. Her rich, inviting images provide a perfect companion alongside Lenten themes from the Bible.

Please email Pastor Jeffrey if you would like to participate (fccsrpastor@gmail.com) so he can forward the PDF to you that will be the basis of our reflection. Poems will be from her book *Devotions: The Selected Poems of Mary Oliver* (you can also find the poems online).

"Week by week, we'll travel this Lenten journey together toward
Easter morning – and thereby do our part, in a world so full of shadows,
to help lengthen the light and welcome the joy of God's spring."

(from *The Poetry of Lent*)



We fondly remember Jack Bransford, who passed away during January. He was the husband of Crafty Lady Millie Bransford. He was also an intrepid gardner and tennis player. He an Millie were remembered by many of us during the Annual Meeting on Jan. 31.

MOVIE NIGHT FEBRUARY GREYHOUND and THE SOCIAL DILEMMA MAUDE

Greyhound (streaming on Apple Plus TV)

Tom Hanks has a special talent for depicting ordinary, very human men who achieve the extraordinary under pressure. This film was a personal project for Hanks: he wrote the screenplay (based on The Good Shepard by C.S. Forester) and plays the lead, a young Commander of a U.S Navy destroyer trying to protect a North Atlantic convoy in 1942.

As critic Mick LaSalle of the *Chronicle* noted "when it's Hanks steering the ship and fighting the Nazis, it means something extra. It's not just happening to him, or them, but to us. And so, we can better imagine what it cost those guys, who had to make that back-and-forth ocean voyage in the awful months before their leaders figured out how to sink the U-boats."





The Social Dilemma (streaming on Netflix)

If, during the recent political insanity, you found yourself wondering how so many of our fellow citizens became so thoroughly detached from reality, this documentary is must viewing.

Drawing on interviews with many of the creators of today's ubiquitous social media, it explores the idea that the real villains are the automated processes designed to maximize clicks. The implication is that human players like Trump and the talking heads at Fox News are only exploiting loyalties that were originally created by robots simply trying to generate ad revenue.



FEBRUARY BIRTHDAYS

6 — Ralph Sherer

11 — Samuel Dempsey

12 — Taeveon Thompson

15 — Richard Walker

18 — Jasmin Morales

25 — Rachael Knopf

GOLDEN GALS — Meeting postponed

The Golden Gals will not be meeting this month due to the Shelter in Place order but hope to do so some time in the future.



TIE DEADLINE for MARCH 2021 Issue - Mon., Feb. 22

The deadline for articles and news for the March 2021 issue of The TIE is Monday, February 22nd. Please email your articles to lucindaray@aol.com by Monday, the 22nd.



CHURCH OFFICE HOURS

Both Amy and Jeffrey are working from home. You can contact them via email

NOTE: Pastor Jeffrey's new email: fccsrpastor@gmail.com

Rev. Jeffrey Cochran-Carney

Pastor

Mondays and Thursdays 8 AM - 4 PM
Please call first for an appointment
Phone (908) 487-8855
fccsrpastor@gmail.com

Amy Powers – Office Manager

Tuesday 11 AM- 2 PM
Wednesday10 AM - 2 PM
Thursday 10 AM - 2 PM
Office Phone: 415-479-2747
office@fccsanrafael.org

FCC Calendar FEBRUARY 2021

6 Movie Night at home. See suggestions on page 13	Move Night at home. See suggestions on page 13	Movie Night at home. See suggestions on page 13	Movie Night at home. See suggestions on page 13	Move Night at home. See suggestions on page [3]
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Tue Groundheg Day	LEM 100 A Ministry Meeting IZ noon via ZOOM	16 Tom8 pm DOAD OF TRUSTES WEETING via ZOOM	23	
Mon February 1		Presidents Day	S.E.m. All the state of the sta	2
Sun 31 Dam Worship Church School & Child Care Norship Church School & Child Care Norship Church School & Child Care Annual Meening II AM on Zoom	10 am Norship, Church School & Child Care Working, Church School & Child Care Tam - Iz pm Soout Meetings Virtual coffee hour!	Voieting Spay Norship, Church School & Child Care Worship, Church School & Child Care Tam-12 om Tam-12 om SooM Meeting: virtual coffee hour	Dam Dam Worship, Church School & Child Care Tam-12 pm ZOOM Meedings Virtual coffee hour	10 am Vocahio Church School & Child Gare Worshio Church School & Child Gare Tam - 12 om ZOOM Meeting 'virtual coffee hour'

This calendar is also available on the church's website in interactive form. There you can click on any event to see more details. Check it out at www.FccSanRafael.org.